



ISABELLA COUNTY  
*Medical Care Facility*

The *Isabella County Medical Care Facility* is an 100 bed skilled-nursing and rehabilitation facility which has been owned, operated and financially supported by Isabella County since 1965. The facility houses a short-term rehabilitation unit with on-site physical, occupational, and speech therapists. It also boasts a secured memory care unit with specifically trained staff, a psychiatric consultant and a restorative nursing program.

The *Isabella County Adult Day Program* is a department of the *Medical Care Facility*. It is a non-profit program made possible by the residents of Isabella County, cooperative agencies and donations from friends and families of past and present participants. As part of the facility's 2013 renovation project, the program obtained a brand new space.

***In cooperation with:***

- A & D Home Health Care
- Region VII Area Agency on Aging
- Community Mental Health for Central Michigan
- Saginaw Chippewa Indian Tribe
- Veterans Administration
- Isabella County Commission on Aging



*Our mission is to offer the highest quality of care in a home-like environment along with programs that promote dignity, respect, and a sense of accomplishment.*

**Free half-day trials | (989) 779-5560**



ISABELLA COUNTY  
*Medical Care Facility*



**Isabella County  
Adult Day Program**  
*Socialization and Respite Care*

1222 North Drive, Mt. Pleasant, MI 48858  
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(989) 779-5560 phone | (989) 772-3669 fax  
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**Isabella County  
Adult Day Program**  
*Socialization and Respite Care*

**We're here  
when you need us.**

Social and respite programs for the adult citizens of Isabella, Clare, Gratiot and surrounding counties.

- Socialization
- Recreation & Exercise
- Health Monitoring
- Respite Care
- Intergenerational Activities





**Since 1999, the Isabella County Adult Day Program has provided aging adults and their families with:**

## Respite Care

Many caregivers risk *caregiver burnout*—physical, emotional and mental exhaustion. Our program reduces that risk by providing caregivers with the chance to attend appointments, work or enjoy much needed leisure time.

## Socialization

Our program offers aging and functionally impaired adults the opportunity to socialize and enjoy peer support. Participants will maintain social skills through reminiscing, intergenerational activities, humor therapy and daily conversations.

## An Affordable Alternative

Adult Day Care is an affordable alternative to the rising costs of long-term and in-home care. Our program fills the gap for families with loved ones who cannot be left alone, yet do not require 24-hour care.

# Your loved one will enjoy activities that enhance memory and self-worth while feeling comfortable and secure in our home-like setting.

With over 50 years combined experience, our *trained and caring staff* strive to restore and rehabilitate each participant to his or her highest possible level of independence. Our *specially designed activities* promote a sense of accomplishment while maintaining current levels of cognitive and physical functioning.

### ***Services that improve well-being and quality of life.***

- Nutritious snacks and meals provided through the facility's on-site kitchen.
- Health monitoring
- Nail care
- Personal care
- Hair care\*
- Transportation\*

### ***Activities that promote a sense of accomplishment.***

- Therapeutic activities
- Music and dance
- Reminiscing
- Seasonal outings\*
- Sensory stimulation
- Games
- Cooking and baking
- Arts and crafts

*\*Additional fee may be required.*

### ***Participants with diverse needs, abilities and impairments.***

The needs, abilities and impairments of those who attend our program are as unique as the individuals themselves. Our adult day program is an ideal option for those experiencing:

- Social isolation
- Physical or mental impairments
- Limited ability to function independently
- Alzheimer's Disease and related dementias
- Parkinson's Disease

If you would like to know if your loved one qualifies for adult day services, please call us at (989) 779-5560. We will be happy to do a simple phone assessment. Scholarships and special funding may be available to eligible individuals.



*"The strength gained from fellowship with others is a strong motive for Senior Citizens like myself. I'm happy to be a part of such a meaningful program."*

- James (Jim) Grshaw