

# LifeWorks... It's about YOU



Have something on your mind and need to talk with someone who understands? We've got you covered! Get the support you're looking for through your Employee Assistance Program (EAP).

Our support is confidential, free of cost, and available 24/7, 365 days a week.

LifeWorks provides Work/Life solutions with:



Legal Consulting Services



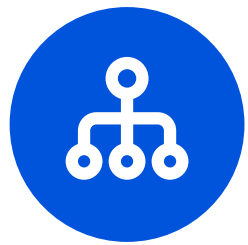
Financial Planning



Resources for Child and Elder Care



Counseling Services and Life Coaching



Career Development



and much more!



## To get started:

Go to [login.lifeworks.com](https://login.lifeworks.com)

Enter the login information below and click "Submit".

User ID:

Password:

## Contact LifeWorks any time, 24/7, for support:

Toll-free:

TTY:

To access LifeWorks' helpful resources online:  
[login.lifeworks.com](https://login.lifeworks.com) or by mobile app

For technical support, visit [help.lifeworks.com](https://help.lifeworks.com), and submit a request.

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